

Saying 'No'/'stop'/'I don't want to' to other children

Sometimes people might say something or do something that makes another person feel uncomfortable.

When this happens to me I can say 'no' 'stop' or 'I don't want to' to let them know that I that I feel uncomfortable with what they have done/said. This is okay, as it lets other people know my thoughts and feelings.

The other children might get upset by this, but this is okay because it is important to tell them how I feel.

If I don't want to say anything to them, this is okay. I can walk away and ask Mrs Sandon what I can say to them. Then we can practice this together and I will try to tell the other person how I am feeling later.

When someone does/says something that makes me feel uncomfortable, I will say to stay calm and tell them how I feel because this is the important thing to do.